Subject: Member Spotlight: Heart of the City 5K - Mar. 25 From: "Central City Association" < jdanganan@ccala.org>

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To: "Nick Griffin" <ngriffin@downtownla.com>

**CCA Member Spotlight** 

Summer Sunday Dinner

## Heart of the City 5K

On Saturday, March 25, 3,000 runners, walkers, and dogs will fill the streets of Downtown Los Angeles in support of an essential community resource, California Hospital Medical Center. Enjoy a scenic course past the Staples Center and conclude with a free post-race festival at the hospital. This fun family event welcomes social dogs at no extra cost! For more information, please visit www.HeartoftheCity5K.org. Whether you are a walker, runner, or stopping by for the

food and fun, you'll have a great time!

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